



Winter Break Comfort Bags



Winter Break is an exciting time for kids - No school for two weeks! However, many of the children we serve face challenges during the two week break.

Food Insecurity

The majority of the students we serve qualify for the Federal Free & Reduced Meal program, which provides children in need with both breakfast and lunch during the school day. Without access to daily meals during winter break, food insecurity is even worse.

Winter Gear

Winter in Ohio can be brutally cold. Unfortunately, many of our All-Star students do not have the proper gear to protect themselves from the frigid temperatures.

How You Can Help

Donate a Comfort Bag filled with items to help students enjoy their time away from school. Each bag should include at least (6) food items, (2) winter gear items, and (1) family activity. Please place items in a reusable grocery bag or brown paper bag.

Suggested Food Items:

- ✓ Box/Bag of Pasta + Spaghetti Sauce Jar
- ✓ Mac'n Cheese (microwaveable or box that doesn't require adding milk, butter, etc.)
- ✓ Low sodium canned soup*
- ✓ Individual snack packs (pretzels, goldfish, teddy grams, granola bars)
- ✓ Peanut butter
- ✓ Grape/strawberry jelly or jam
- ✓ Shelf Stable Milk (ie: Horizon brand)
- ✓ Crackers (Saltines, Ritz, Wheat Thins, etc)

Suggested New Winter Gear for Kids:

- ✓ Winter hat
- ✓ Winter gloves
- ✓ Fleece/Soft Throw Blanket
- ✓ Socks
(Please indicate on your bag which size socks you purchased - children shoe size 13-4 OR adult shoe size 5-9)

Suggested Family Activity:

- ✓ Board game
- ✓ Card game
- ✓ Puzzle
- ✓ Craft

* Cans should have an easy access pop top (avoid need for can opener).



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